

Bea and Ray Wallace offer \$5 million cardiovascular challenge to Baylor

Dallas philanthropists **Ray and Bea Wallace** have granted a generous challenge to the Baylor Health Care System Foundation. To meet this challenge, the Foundation will raise \$5 million for cardiovascular research and education.

“Despite many advances made in treatment over the past half century, heart disease remains the No. 1 killer of both men and women in the United States,” said Ray Wallace. “By making this challenge to Baylor, we hope to inspire others in the community to step up and support this worthy cause.”

The Baylor Heart and Vascular Institute was established in 1993 to promote cardiovascular research and education, and the development and implementation of the newest techniques and technologies in cardiovascular care. The Institute also coordinates the training of cardiology fellows and vascular residents. Since 1955, more than 100 physicians have completed advanced cardiology training at Baylor University Medical Center.

Money raised as a result of the Wallaces’ challenge will focus on building the Institute’s current core strengths including medical education and teaching programs, cardiovascular research, and continuing medical education. The funds will also be used for new initiatives such as support for cardiovascular graduate medical education, coordination of cardiovascular-related clinical research across the Baylor Health Care System, and initiation and oversight of advanced care clinical initiatives.

The ultimate goal of the Baylor Heart and Vascular Institute is to lead in driving cardiovascular clinical care for the System through excellence in clinical research and analysis, education, disease management and publications.

“How quickly we move from scientific discovery to patient treatment depends on how fast we can move through clinical trials,” said Rowland K. Robinson, president of the Baylor Health Care System Foundation. “We are deeply

indebted to Ray and Bea for making this transformational gift to support the bridge from research to patient care.”

When fully realized, the Baylor Heart and Vascular Institute will bring together all of the cardiovascular program components necessary to transform heart and vascular care at Baylor into a world-class service with strong physician leadership, excellence in patient care, first-rate medical education and advanced research.

Clyde Yancy, M.D., a nationally recognized expert on heart failure and heart transplantation, was recently recruited to lead the Institute.

“The continuum of care, from research to medical education to direct patient care, is at the core of the mission of the Baylor Heart and Vascular Institute,” Dr. Yancy said. “If we are to advance the knowledge and expertise in heart and vascular care, we must aggressively raise funds to meet our clinical research and education needs. Philanthropy will make the vital difference.”

Peggy and Leonard Riggs give \$1 million for Baylor Emergency Department expansion



Leonard M. Riggs, Jr., M.D., and Peggy Riggs.

Baylor Health Care System Foundation Board chairman **Leonard M. Riggs, Jr., M.D., and his wife Peggy** have donated \$1 million toward the expansion of the Emergency Department at Baylor University Medical Center at Dallas. The project will triple the size of the Emergency Department to 78,000 sq. ft.—larger than a football field—and more than double BUMC’s capacity to treat patients requiring urgent and trauma care.

“I know first-hand what Baylor does for its patients. It is so important to spread awareness of its not-for-profit mission. Baylor has done so much for the community, and I feel it is important to give back,” said Dr. Riggs.

Dr. Riggs is very active within Baylor Health Care System and the Dallas community. At Baylor, he served as medical director of emergency medicine from 1974 to 1998. In 1980 he founded EmCare Inc., a company that today

manages more than 300 hospital emergency departments in the United States.

Peggy is an active volunteer for groups such as The Leukemia & Lymphoma Society, Cattle Baron’s Ball, Sweetheart Ball and North Dallas Shared Ministries.

The budget for this massive overhaul of the Emergency Department is \$53 million. Baylor Health Care System Foundation has committed \$10 million to the project. Since fundraising began in January 2006, more than \$8 million has been raised. Construction on the Emergency Department is expected to be completed in January 2008.

Baylor Dallas is one of only two adult Level I

trauma centers in the North Texas trauma network. The expansion will allow Baylor Dallas to treat more than 100,000 emergency patients annually, and to improve efficiency and alleviate the overcrowding that too often causes long waits for patients.

According to Baylor Health Care System Foundation president Rowland K. Robinson, “The Baylor Emergency Department is expanding to meet the area’s increasing need for life-saving emergency services and trauma care.”

Leonard and Peggy Riggs have been married for 22 years and have two children, Preston and Jason. They are longtime members of Highland Park United Methodist Church.

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Our Children's House at Baylor celebrates the grand opening of its new wing

Hospital doubles in size, adds needed clinical services



Joel Allison (President & CEO, Baylor Health Care System), Trudy and Don Steen.

Our Children's House at Baylor opened its doors to patients and donors as it celebrated the grand opening of its new wing on Jan. 9, 2007. The flight-themed event featured tours of the new facility and a special presentation by Astronaut William S. McArthur, Jr., a veteran of four space shuttle missions.

The new wing includes 20 new inpatient beds and 12 day beds, as well as additional therapy space, a physicians' clinic and a pediatric outpatient surgery facility. It also features original artwork including an animated airship sculpture and a mural series depicting the history of flight. The artwork is designed to help create an inspirational healing environment for patients.

"At Our Children's House at Baylor, we've done our best to create an environment that works hand-in-hand with the care and treatment our patients receive," said Joel Allison, president and CEO, Baylor Health Care System. "Our patients will receive quality clinical care in an inspiring space. The children will be able to look from their beds and see images of flight that will let their active imaginations wander, instead of the sterile white walls seen in many hospitals."

The expansion comes in response to a mounting waiting list of families needing the services Our Children's House at Baylor provides. With the new expansion, Our Children's House at Baylor can provide quality inpatient and outpatient care—with higher capacity and shorter waiting lists. At Our Children's House at Baylor, families

actively participate in their child's treatment. They gain the emotional and spiritual tools and the skills needed to monitor their child's progress, plan further treatment and continue care once the child is home.

The \$14 million expansion project received nearly \$5 million in philanthropic support. Donors contributing more than \$100,000 to the Our Children's House at Baylor expansion project include: **The Crystal Charity Ball, Meadows Foundation; United Surgical Partners International and Don and Trudi Steen; Pauline Allen Gill Foundation; Mr. and Mrs. Arnold E. Petsche; A.L. Chilton Foundation; Mr. and Mrs. Donald J. Carter; Ginger Murchison Foundation; IPA Foundation; Hawn Foundation; and Mr. and Mrs. Barry G. Andrews.**

"Our Children's House was founded on philanthropy, and this expansion is a shining example of what can be accomplished for our community when people give," said Rowland K. Robinson, president, Baylor Health Care System Foundation. "Without philanthropy, Our Children's House—not just the expansion, but the facility as a whole—would not exist."

Our Children's House at Baylor was founded in 1993 with a mission to provide coordinated,

"Without philanthropy, Our Children's House—not just the expansion, but the facility as a whole—would not exist."

comprehensive services to children with special health care needs. The hospital treats patients from infancy to 18 years of age, emphasizing education and training for family members. Since the founding of the original hospital, Our Children's House at Baylor has opened outpatient centers in Allen, Coppell, Dallas, Frisco, Grapevine, Irving, Rockwall and Waxahachie. For more information about Our Children's House at Baylor, visit www.BaylorHealth.com.



Steve Lepek, Julie Davidson, Kathy Petsche, Astronaut William S. McArthur, Jr., Arnold Petsche and Alan Petsche.



Rick Porter, Astronaut William S. McArthur, Jr., and Sandra Porter.



Margo Goodwin (Baylor Health Care System Foundation Board of Directors), John and Julie Weissert.



Jon Wayne (second from left) with artists (from left) Julio Fernandez, Tomas Bustos, Elizabeth Amaro and Genaro Hernandez.



Jon Wayne, Ernie Wayne, Sue Wayne and Joel Allison.



Astronaut William S. McArthur, Jr., Andrew Gelfand, M.D., (Medical Director, Our Children's House at Baylor) and Scott Peek (President, Baylor Specialty Health Centers).



Sarah and Jody Hawn.

Inner Beauty: Body Worlds exhibit awes donors, physicians



Gunther von Hagens'
BODY WORLDS
The Anatomical Exhibition of Real Human Bodies

The Baylor Health Care System Foundation hosted a reception and private showing of Gunther von Hagens' Body Worlds, an anatomical exhibition of human bodies. More than 800 Baylor donors, friends, physicians and their families attended this goodwill event at Dallas' Museum of Nature and Science.

Body Worlds is a first-of-its kind exhibition through which visitors learn about anatomy, physiology and health by viewing human bodies preserved using a process called plastination. More than 20 Baylor residents, with specialties in cardiology, internal medicine, obstetrics and gynecology, radiology and surgery, were stationed throughout the exhibit to answer visitors' questions about anatomy and physiology.

"I'm so happy to see the Foundation putting on an event like this," said Don Wills, a member of the Baylor University Medical Center and Baylor Heart and Vascular boards. "They are truly giving something special back to their donors."



Janvrin and Tom Newsome, M.D.



Judge Ed Kincaid (Chairman, Baylor Health Care System Board of Trustees) and Melissa Kincaid.



Calvin Wright, Rev. S.M. Wright (Baylor Health Care System Foundation Board of Directors), Bill Aston (Baylor Health Care System Board of Trustees).



Carolyn Swann (Baylor Health Care System Foundation Board of Directors) and Father Stephen B. Swann.



C.A. Rundell (Baylor Health Care System Foundation Board of Directors), Regina and Charles Pistor.



Sarah Losinger (Baylor Health Care System Foundation Board of Directors) and Alan Losinger.



Dee Finley (Baylor Health Care System Board of Trustees) and Becky Finley.



A friend asked how I was doing after almost 18 months in this role. I responded that I was working hard, having fun and that I was extraordinarily lucky because I got to witness a "miracle a day."

It's true that I see some Baylor "miracles," and I wanted to share a few:

I see the miracle of empathy. Data, logic and statistical analysis cannot speak the language of empathy. Even if an organization cures ten thousand patients, we won't do much right if we don't grasp and address the human side of the battle. Baylor does.

I see the miracle of chaos. I see an Emergency Department at its finest. Real people with real medical emergencies arrive anxious and helpless. In this destabilized environment, the physicians on our medical staff, nurses and techs work miracles by making wise, split-second decisions, transforming chaos into life-saving processes.

I see the miracle of research. I see scientists committed to inventing new ways to solve old problems. With constant focus, they make discoveries that can and do reverse the tragedies of disease.

I see the miracle of kindness. It has been said that "kind hearts are symphonies." The inclination toward goodness is inherent in many of our nurses and techs. When they are giving medication, holding a hand or sharing a kind word, these not-in-the-job-description acts of kindness and love have a huge impact on our patients. I think of it as leadership when no one is looking.

I see the miracle of superior performance. The business executive who just received a new kidney from his wife wastes no opportunity, no forum and no audience to compliment a transplant physician and his team on a job well done. He understands the miracle of dedication and incredible proficiency.

I see the miracle of philanthropy. Is giving, as they say, "the high road to virtue and the only road to self-worth?" I say yes. I have witnessed a community of believers. They possess an indescribable dimension. They display the sense of rightness and charisma that radiates from leaders who walk their talk.

A miracle a day... not bad for an old, recycled banker. I am blessed to be here.

Enjoy your copy of *the torch*. I am eager to hear from you.

Sincerely,

Rowland K. Robinson
President

Baylor Health Care System Foundation
Robinson@BaylorHealth.edu

To the church on time: Expanding Baylor's Neuroscience Center of Excellence

April McCann was a 30-year-old medical saleswoman who was engaged to be married in October 2006.

She had a history of migraines, and as part of her annual physical, her internist scheduled a routine MRI. The MRI scan came back revealing an unusually large aneurysm in front of her brain stem. She was referred to neuro-radiologist Joe Hise, M.D.

"I hadn't left the imaging center for more than

the hospital to allow the stent to heal and repair the blood vessel wall.

April returned three months later to have an endovascular coil embolization—a procedure in which the aneurysm is packed with a soft platinum coil that fills the bulging section of blood vessel. This seals off the aneurysm, reducing the risk of rupturing in the future.

April made a quick recovery and was married, as planned, in October.

"The care April received truly underscores the importance of our multi-specialty approach to neurological care."

20 minutes when the radiologist called my internist, and my internist was calling me on my cell phone," said McCann. Dr. Hise immediately referred her to neurosurgeon **David Barnett, M.D.**

At the time, April's main concern was that she wouldn't be able to get married in October as planned. She had no idea that something much greater was at stake. The aneurysm was so large that it engulfed a portion of the artery, threatening her life. Treatment for this type of aneurysm is so complicated that Dr. Barnett was forced to stage surgery in two parts, three months apart.

Dr. Barnett assembled a team of five neuro-specialists to handle April's treatment. During the first surgery, the team placed a stent to strengthen the artery. April had a small hemorrhage after this operation. Her doctors monitored her closely for 17 days in the Neuro-ICU, after which April left

"The care April received truly underscores the importance of our multi-specialty approach to neurological care. In addition to offering a range of neurological specialists and technologies, the Baylor Neuroscience Center is committed to our patients and making sure they receive the advanced treatment they deserve," Dr. Barnett said.

Dr. Barnett, chief of neurosurgery, has practiced at Baylor Dallas since 1996. Since becoming chief of neurosurgery, he has been dedicated to expanding Baylor's neuroscience capabilities and facilities.

The Baylor Health Care System Foundation is helping Dr. Barnett raise funds for an expanded neuroscience center that will provide a Neuro-ICU; a patient access center and library; advanced MRI capabilities that can bring new clarity to images of the brain and spinal cord; an

intraoperative MRI operating suite; and an endowed chair for the director of Baylor's Neuroscience Research Institute.

Baylor currently provides advanced treatments for brain-related injuries, diseases and illnesses. Baylor's centers of excellence in neuroscience include treatment of brain tumors, stroke, aneurysm, spine, epilepsy, Alzheimer's, Parkinson's, and Gamma Knife® and CyberKnife® radiosurgery. The Baylor Neuroscience Center is ranked among the nation's top neuroscience programs in *U.S. News & World Report's* 2006 list of America's Best Hospitals, and was recently awarded "Institute Status" by the 2006 Neuroscience Center of Excellence Survey.



April and Kevin McCann.

focus on research

RESEARCH DETECTIVES DUST FOR FINGERPRINTS OF DISEASE



Damien Chaussabel, Ph.D.

Three short years after scientists announced they had sequenced the human genome, new knowledge about how genes affect health is changing the way diseases are understood, diagnosed and treated. "We are on the leading edge of a new scientific frontier," says Damien Chaussabel, Ph.D., Baylor Institute for Immunology Research (BIIR). Baylor is building a reference database designed to measure a healthy baseline pattern against molecular patterns or "fingerprints" unique to different diseases. Genomic fingerprinting is transforming medicine.

"This innovative technology will redefine how we approach medicine," said Jacques Banchereau, Ph.D., director of BIIR.

Genome-wide activity scans hold the potential to detect diseases much earlier, and with greater

accuracy, than current diagnostic tests. Long before an individual might experience symptoms, a molecular fingerprint would show indications of health risk. Genomic fingerprinting can also be used to evaluate a patient's response to treatment by observing when the genomic activity falls back into the normal range, eventually matching an individual's healthy baseline.

BIIR is working to leverage this powerful gene array technology to better treat diseases by diagnosing them earlier and with greater accuracy. Many institutions are generating microarrays, but BIIR is the leader in developing biomarkers that give definition to 46,000 data points measured in a single blood sample. Establishing these biomarkers gives Baylor an expertise and presence recognized throughout the scientific world, as evidenced by its funding and collaborative relationships. BIIR has studied hundreds of patients with cancers, autoimmune diseases and infectious diseases, as well as liver transplant recipients. In each case, sickness disturbs the activity of the genome, creating a pattern unique to that disease.

"Thanks to its pioneering work, BIIR is playing a leading role in the development of large-scale efforts being undertaken at the international level," said Dr. Chaussabel.

Currently, BIIR has three federal grants that directly use the gene array technology for the study of HIV/AIDS, biothreat agents such as avian flu, and systemic arthritis. Additionally, funding from private foundations supports gene array technology research on respiratory syncytial virus, tuberculosis and lupus. New collaborations are focusing on diseases such as psoriasis, malaria and multiple sclerosis.

Not only has this technology revolutionized the way diseases can be diagnosed, but it is also being used to identify underlying causes of diseases—and new treatments.

In an effort to identify genomic fingerprints among related individuals, BIIR and a prominent philanthropic Dallas family have teamed up to participate with more than one hundred related study participants. With this data, BIIR is establishing a worldwide reference database spanning a wide range of diseases.

As this technology and discoveries advance, researchers will be able to identify the unique pattern for even more diseases, benefiting many generations to come. According to Baylor Research Institute president, Michael A. E. Ramsay, M.D., F.R.C.A., "Baylor relies on philanthropy more than ever as we seek innovative treatments through medical research."

PHYSICIAN PROFILE

Clyde W. Yancy, M.D., F.A.C.C., F.A.H.A., F.A.C.P.



Clyde W. Yancy, M.D. was named medical director of the Baylor Heart and Vascular Institute at Baylor University Medical Center at Dallas in September 2006.

Q: What will you do for the Baylor Heart and Vascular Institute (BHVI) to ensure its success?

A: There is an enormous opportunity through BHVI to weave together already existing strengths in clinical excellence, clinical research and teaching at Baylor and to create a higher level of effectiveness and visibility.

Q: Why did you choose to come to Baylor?

A: I am driven by the discovery of new information and its dissemination—all focused on achieving best outcomes in patient care. Baylor shares that vision.

Q: Describe your family.

A: I am a single parent (widowed) of two amazing daughters. I wake up every day to a confident 17-year-old dancer/athlete/scholar who inhales life, knows no limits and loves God; big ditto for my 16-year-old multi-tasker who does everything well and does so with a humble spirit and a gentle nature.

Q: Where did you grow up?

A: Baton Rouge, Louisiana. I know and love the Deep South—its foibles, fables and features.

Q: What are your hobbies?

A: Is parenting a hobby? My family really drives my world and our shared experiences matter the

most to me; after that I enjoy fitness and follow a rigorous routine.

Q: What was your first job?

A: Boy Scout camp counselor.

Q: What is the most influential book you’ve read?

A: The most influential passage I have ever read in any book: Psalms 121.

Q: To what do you attribute your success?

A: I think I am where I am now because of lessons learned from early days of sacrifice, struggle and personal tragedy that afford a greater appreciation for the small measures of success. I believe that keeping everything in perspective is the first step needed for real success, and the second step is humility. Beyond that, it’s the usual formula: good fortune, a driven nature, hard work and divine intervention.

Q: What are your goals in life?

A: Near-term? Get my daughters into and through the college years. Longer-term? Live long enough so they have to take care of me one day! Always? To really make a difference in the lives of those with heart disease.

Q: Describe your leadership style.

A: What suits me best is to lead by making my commitments known and embracing excellence with compassion and caring for those around me.

Q: If you had to choose a different career, what would it be?

A: This is easy—jazz saxophonist.

Q: Tell us about your dream vacation.

A: My days are long and I am usually too tired to dream, but a trip through the California wine country and an A-frame cabin on a Texas lake with a convertible close by—both have a certain appeal.

Q: Do you have a catchphrase?

A: Savor the moments. Embrace life. Pray often.

Q: What do you like most about Baylor?

A: The people here are great; I like to walk the halls—the doctors are confident, the staff is engaging, and patients and their families are always hopeful and optimistic. This is a good place.

Dr. Fine educates estate experts on end-of-life planning

Estate planning attorneys joined Baylor Health Care System Foundation recently to learn how to counsel their clients on advance medical directives. Norman A. Lofgren, a Baylor Health Care System Foundation board member and estate planning attorney, opened the presentation with a review of Texas law that governs this important area of patient care. A presentation by Robert Fine, M.D., addressed these directives from a physician’s perspective.

Advance medical directives, also known as living wills, are the legal documents that individuals sign to indicate their preferences regarding end-of-life decisions such as life support, artificial nutrition and CPR. Dr. Fine presented several case studies that illustrated the difficult decisions that sometimes have to be made by loved ones.

Dr. Fine, who serves as the director of Baylor Health Care System Office of Clinical Ethics, also discussed palliative care initiatives at Baylor. Palliative care is an interdisciplinary treatment plan that enhances comfort and improves the quality of a patient’s life during the last phase of life.



Robert Fine, M.D., and Norm Lofgren (Baylor Health Care System Foundation Board of Directors)

\$1 million anonymous gift annuity honors physicians at Baylor

Recently, the Foundation received a \$1 million gift annuity from a donor who wishes to remain anonymous. The donor, a friend of Baylor luminaries such as A. Webb Roberts and Charles A. Sammons, worked with an attorney and Foundation staff to create the gift. The donor will receive an income each year for life, and at the donor’s death, the remaining funds will create a permanent endowment benefiting the Charles A. Sammons Cancer Center.

“I want to make this gift in honor of all of my physicians who have cared for me over the past 50 years at Baylor. Especially the one who told me I am cancer-free,” said the donor.

Each year, individuals choose to benefit Baylor by establishing charitable gift annuities. At the

CHARITABLE GIFT ANNUITIES

	Ages	Rate	Tax Deduction	Annual Income*
\$50,000	65/65	5.60%	\$15,935	\$2,800
Joint Life	70/70	5.90%	\$17,805	\$2,950
Annuity	75/75	6.30%	\$20,000	\$3,150
	80/80	6.90%	\$22,329	\$3,450

	Ages	Rate	Tax Deduction	Annual Income*
\$50,000	65	6.00%	\$19,745	\$3,000
Single Life	70	6.50%	\$21,383	\$3,250
Annuity	75	7.10%	\$23,442	\$3,550
	80	8.00%	\$25,503	\$4,000

*A portion of this annuity may be tax-free.

time the gift annuity is established, the donors receive an income tax deduction, and an income stream for life—some of which may be tax-free. After the donors’ deaths, the funds remaining from the gift will be used for the purposes set out by the donors when the gift was made.

Gift annuities can be established to benefit one individual for life, or two individuals as long as either is living. The gift annuity can be

funded with cash or publicly traded securities of \$5,000 or more.

For more information about charitable gift annuities and other ways to make gifts to Baylor, please contact Ken Holden, Vice President of Planned Giving, at 214.820.3380 or KendallH@BaylorHealth.edu.

Getting to the heart of the matter:

The Heart Hospital Baylor Plano opens



On Jan. 22, 2007, The Heart Hospital Baylor Plano opened as the Dallas/Fort Worth metroplex's first and only freestanding, full-service hospital dedicated to heart and vascular care. Centrally located in the heart of Collin County, the hospital shares a medical campus with Baylor Regional Medical Center at Plano.

"As a heart hospital, all of our focus is on providing a full continuum of care for heart and vascular patients in a setting that provides five-star service," said Mark Valentine, president of The Heart Hospital Baylor Plano. With in-suite room service, concierge services, oversized guest suites, wireless Internet, free valet parking and a coffee bar, the facility has the features of a luxury resort.

The Heart Hospital Baylor Plano is a partnership between Baylor Regional Medical Center at Plano and 86 cardiovascular physicians and surgeons practicing in North Texas. Physicians on the hospital's medical staff include nationally recognized cardiologists and surgeons.

"The communities in this region will have access in one location to quality cardiovascular physicians who can take care of their cardiovascular needs," said Jeff Gladden, M.D., interventional cardiologist on the medical staff and co-founder of The Heart Hospital Baylor Plano.

Taking on America's Number One Killer

Cardiovascular disease is the number one killer in the United States, with nearly 2,500 Americans dying of the disease each day. Cardiovascular disease, which includes high blood pressure, coronary heart disease and stroke, claims more lives each year than the next four leading causes of death combined.

"As the population continues to age, the prevalence of cardiovascular disease is making an ever-increasing impact on our community's health," said David Brown, M.D., interventional cardiologist on the medical staff at The Heart

Hospital Baylor Plano and co-founder of the hospital. "As a dedicated heart hospital, The Heart Hospital Baylor Plano is concentrating all of our resources on preventing, diagnosing and treating a full spectrum of vascular and cardiac disease."

Designed for Comprehensive, Comfortable Care

The hospital's unique design enhances care for patients, who—in keeping with the hospital's commitment to hotel-like services—are called guests. The facility features a bow-tie shaped design which keeps decentralized nurses' stations near the guests' suites and uses the curved shape of the hallways to allow caregivers to have a direct sightline to every guest suite. Each suite easily converts to an intensive care unit environment should the guest's condition warrant such a change.

Unlike a typical hospital, where patients are wheeled from room to room for testing and procedures, guests at The Heart Hospital Baylor Plano stay in their suites for most services. Guests are admitted, recovered and discharged from the same suite.

The hospital also features separate guest and public hallways, which allow guests to walk at their own pace.

Stress-Free Services: Just What the Doctor Ordered

Every suite has a flat-screen TV and a personal safe. An online, individualized menu allows guests and family members to order room service dining from the comfort of their suite. If any dietary restrictions exist, the menu recognizes those restrictions.

The hospital's all-private guest suites are designed with floor-to-ceiling windows, wood laminate floors, comfortable furniture and a separate living area for family members wishing to stay overnight. More than just a convenience,

creating suites that accommodate family members was a decision made to help in the guest's recovery.

"We are dedicated to providing holistic care that recognizes the importance of family support," said Valentine. "Families close by enhance the healing process."

"Anything we can do to relieve stress can aid in healing," said Dr. Gladden.

ONE-STOP SERVICES

The Heart Hospital Baylor Plano provides a full range of advanced inpatient and outpatient cardiovascular services, including:

- Cardiovascular outpatient, interventional and surgical services
- Non-invasive cardiovascular testing
- Cardiac catheterization
- Open heart surgery
- Peripheral angiography
- Cardiac and vascular interventions
- Electrophysiology testing
- Atrial fibrillation services
- Heart failure services
- Advanced cardiac and vascular ultrasound
- Advanced imaging technology
- Cardiac rehabilitation
- Arrhythmia management and treatment
- Vascular surgery
- Wellness and prevention services

Anding pumps money into Baylor cardiac research after successful rehabilitation



Tom Anding and staff members of the Cardiovascular Rehabilitation Center.

When Tom Anding, former vice president of Reliance Steel & Aluminum Co., came to Baylor for a routine stress test last August, he wasn't expecting anything out of the ordinary. But what his cardiologist, Robert Rosenthal, M.D., found stunned him. The left side of Anding's heart was more than 95 percent blocked and was barely pumping. Dr. Rosenthal scheduled him for surgery the next day.

After five bypasses under surgeon Gregory Matter, M.D., and three days in intensive care, Anding was back on his feet and ready for the next stage of recovery. The Walter I. Berman Cardiovascular Prevention and Rehabilitation Center was Anding's first choice for his post-surgery rehabilitation. The center is the rehabilitation arm of the Baylor Jack and Jane Hamilton Heart and Vascular Hospital. It is located in the Baylor Tom Landry Health and Wellness Center at Baylor Dallas.

"When I was in the ICU, I felt like I was someone important," said Anding. "I think that half the doctors at Baylor came to see me. They told me a little about the program at the Landry Center, but I had already made up my mind that I was going to come here."

Once Anding arrived at the cardiac rehabilitation center, he was assigned a case manager, Matt Hubbard, who gave him his orientation and monitored his progress throughout the 12-week program. Anding returned to the Landry Center three times every week for cardiac rehabilitation that included physical activity and educational classes. He attended the Leap for Life® class where he learned about heart disease, medications, procedures, nutrition and stress management.

Anding's aggressive physical exercise regimen included weight training and fast walking on the equipment and track inside the center.

"We encourage our patients to do as much as they can and try to meet personal goals along the way," said Hubbard.

Hubbard said the cardiac rehabilitation center is not afraid to push patients to the limits of what they can do in terms of their exercise regimens.

"The first time they put me on the treadmill, I thought they were going to kill me," said Anding. "But their big smiles and enthusiasm made me feel comfortable with the aggressive rehabilitation regimen. I call it 'torture with a smile.'"

Following his recovery and graduation, the grateful Anding made a significant donation to Baylor's cardiac research programs. Through research, doctors will be able to detect signs of

heart problems sooner, which can lead to faster recovery for heart patients.

"Anding's support means a lot for us at the Landry Center," said Hubbard. "With further research, we can continue to debunk misconceptions about the limitations of heart surgery patients."

Anding still carries in his wallet the sketch of his blocked heart Dr. Matter drew the day after the surgery.

"Some people carry photos of their wives, and some have pictures of their kids," said Anding. "I keep pictures of my heart to remind me to stay healthy. Matt and the rest of the cardiac rehabilitation staff gave me a great education so I can maintain my lifestyle and continue my life. I never could have done it on my own."

Now nearly fully recovered, Anding says he feels good, swims three times a week and looks forward to getting back into golf in the spring.

Anding and his wife Emi will celebrate their 50th wedding anniversary in September. They have two children, both of whom work in the medical industry.

"Never Miss a Beat!" drums up donor support



Tricia Miller, Peggy Sewell, Suzi Brundage and Shelle Bagot Sills

Donors and friends joined host Peggy Riggs for "Never Miss a Beat!" a luncheon and educational forum held October 26. More than 90 guests filled the Cree Auditorium at the Baylor Heart and Vascular Institute for educational presentations from top physicians on the medical staff at Baylor Heart and Vascular Hospital.

"It was so nice to hear some of these doctors speak, first hand. It made them seem so accessible and me more comfortable with the information they were sharing," said guest Ann Delk. "The presentations gave me great hope for the future."

Leading physicians in research, diagnosis and treatment on the medical staff at the Institute updated guests on recent developments in cardiovascular care, including 64-slice CT capabilities, gene therapy in the treatment of heart disease, treatment of heart failure and the importance of clinical trials in treating patients with heart disease.

Candy Hill said the luncheon was particularly worthwhile and informative because it helped her understand the risks associated with mitrovalve prolapse and high blood pressure.

"I was so impressed with the cardio specialty team that has been assembled at Baylor and their ability to communicate to our group in layman's terms what is available in the field of heart and vascular technology, research and education," Hill said.

Libby Allred, Nancy Cain Marcus, Beverly



FROM THE CHAIRMAN

As some of you know, Baylor University Medical Center is in the middle of an ambitious remodeling and expansion of its emergency department. The need for this is obvious but I thought that you might be interested in the enormity of the problem of overcrowding in the nation's emergency departments (EDs). When I first started my full-time career in the Baylor ED in 1969, I'll never forget that a prominent medical staff member who is a good friend told me that my choosing to do this as a career was absurd, because primary care doctors were going to increase in number and access was going to be much better, and therefore the numbers of patients coming to EDs would drop dramatically.

Between 1970 and 2005, hospitals nationally saw an annualized increase of 3 percent in the number of patients, and it shows no sign of slowing. Baylor is a microcosm of these numbers with an increase from 23,000 in 1970 to 73,000 in 2006. The increase here would be even more dramatic if we had not been hampered by a department built in 1985 and bulging at the seams for the last 10 years. I have occasionally reminded my friend about that statement and that it ranked up there with "Why would anyone ever want a computer in their home?" The amount of "unscheduled care" is always a constant, so the flow of patients as our population increases is inexorable.

The real point I would like to make is that Baylor is making a tremendous public service effort here. While some hospitals "hide" their ED and wish that they did not have to have one, we, on the other hand are operating a Level I Trauma Center, one of only two adult centers in the city and eight in the state. The commitment in terms of human and financial resources is enormous. The institution and its medical staff are to be commended for improving and providing this much needed service. This is a great resource for our city and this area, and it is going to be even better when the expansion is finished at the end of this year. If you would like further information regarding our ED and the Trauma Center, contact Ellen Dearman at 214.820.7877 or EllenD@BaylorHealth.edu.

Leonard M. Riggs, Jr., M.D.

Leonard M. Riggs, Jr., M.D.
Chairman

Baylor Health Care System Foundation

Nichols, Nelda Cain Pickens, Peggy Sewell, Shelle Bagot Sills, Betsy Sowell and Diana Strauss served on the event's host committee chaired by Peggy Riggs.

"Dallas has internationally known cardiovascular experts who are conducting important clinical trials and using advanced equipment," said Riggs. "We want people to know that all of this can be found right here at Baylor."

Dr. Gerard Noteboom donates \$100,000 to fund purchase of technologically advanced medical equipment for Baylor Medical Center at Waxahachie



Gerard Noteboom, M.D.

Baylor Medical Center at Waxahachie recently received a \$100,000 donation from **Gerard Noteboom, M.D.**, a longtime resident of Sardis, Texas, and retired pathologist formerly on the medical staff at Baylor Waxahachie.

The donation will fund the purchase of a digital echocardiogram machine and a teaching microscope for the hospital's laboratory.

"We are honored that Dr. Noteboom has continued to support Baylor Waxahachie and we are greatly appreciative of his generosity," said Jay Fox, president, Baylor Waxahachie. "This new equipment will enhance our medical staff's ability to provide quality and efficient care to our patients."

The new echocardiogram machine will digitally record ultrasound images of the heart on a computer rather than the videotape produced by traditional echocardiogram machines. The digital video is produced in seconds without requiring copies or transference to tape for viewing. The digital image can be enhanced for clarity and immediately sent to physicians for evaluation.

The Zeiss microscope will be used for teaching purposes in the Baylor Waxahachie laboratory that is named for Dr. Noteboom. The dual-head Zeiss microscope features two sets of oculars. This allows laboratory technicians to use the microscope alongside a pathologist to read slides.

"I specifically selected this equipment for the hospital because having practiced medicine for 37 years, I understand the importance of having access to advanced medical technology," said Dr. Noteboom. "I served Baylor Waxahachie for 37 years and I want to continue to support its efforts of providing technologically advanced medical care to Ellis County."

Dr. Noteboom received his medical degree from the University of Leiden in Holland and

completed his pathology residency at Baylor University Medical Center at Dallas. He maintained a private pathology practice in Ellis County and served on the medical staff at Baylor Waxahachie. He retired in 1996. He is married to Elizabeth Haaland and has four children and eight grandchildren.

Baylor Medical Center at Waxahachie is a not-for-profit hospital dedicated to providing technologically advanced medical care closer to home for residents of southern Dallas and Ellis Counties. Baylor Waxahachie continues to grow and expand its medical staff to serve a growing community.

ON THE BOARD

2007 Celebrating Women Chairmen

The Baylor Health Care System Foundation is honored that Sharon McCullough and Geraldine "Tincy" Miller will co-chair the 2007 Celebrating Women Luncheon.



GERALDINE "TINCY" MILLER

If you need something done, ask a busy person. Tincy Miller personifies that adage. Recently re-elected to the State Board of Education, Miller has a distinguished career in educating the youth of Texas. She has served on the State Board of Education since 1984, and has served as chairman by appointment of the Governor since 2003.

Not only deeply involved in Texas education, Miller can usually be found in the forefront of Dallas' civic activities. The list of her chairmanships and presidencies includes The Crystal Charity Ball, TACA, Neiman Marcus Silver Cup Award Luncheon, Dallas Symphony Orchestra League, Dallas Opera Women's Board, LIFT (Literacy Instruction for Texas), and Gala Chairs of the Flora Awards Luncheon, the principal fundraiser for Texas Discovery Gardens at Fair Park and TACA Auction.

Miller was the founding chairman of the Baylor Health Care System Foundation's Caring for Generations annual campaign that raised \$250,000 during the first year. A member of the board of directors of the Baylor Health Care System Foundation, Miller and her family have long supported Baylor University Medical Center and the Baylor Health Care System.

She is married to Vance C. Miller, and together they are proud parents of four children and have eight grandchildren.



SHARON MCCULLOUGH

With passions ranging from the arts to health care to women's and children's organizations, Sharon McCullough has long been a consummate civic servant.

She became active in the volunteer community as a member of the Cerebral Palsy Guild, later serving as president of the Guild and The United Cerebral Palsy Board of Directors. An interest in the arts led McCullough to the Dallas Symphony Orchestra League, where she and Tincy Miller founded the Dallas Symphony Orchestra Presentation Ball, the major fundraiser for the League. She has also served as president of the Women's Committee of the Dallas Theater Center and currently serves on the executive board of the SMU Meadows School of the Arts.

McCullough's other presidencies, chairmanships and board memberships include Junior Bar Wives, Dallas Lawyers Wives, The Crystal Charity Ball, Dallas Garden Club and the Flora Awards Luncheon. She most recently served as president of the Dallas Woman's Club.

As a member of the Baylor Health Care System Foundation Board of Directors, McCullough chaired the second annual Caring for Generations campaign. Now, her son Michael serves on the board with her.

McCullough attended Baylor University where she met and married P. Michael McCullough. Following graduation, she and Mike moved to Dallas, and Sharon attended graduate school at the Meadows School of the Arts at SMU. The McCulloughs have been loyal members of Park Cities Baptist Church for 44 years. They have four children and 13 grandchildren.

Quality, safe patient care—supported by medical education and scientific research—defines Baylor Health Care System. The System's 15,000 employees deliver quality care from over 123 North Texas locations.

The Foundation helps fund general operations, advanced research, innovative technology and equipment, and new construction to better serve the citizens of North Texas.

For more information, please call 214.820.3136 or email Foundation@BaylorHealth.edu