

Mark your calendar



Grand Rounds® Golf Tournament
Benefiting graduate medical education
Monday, October 4

Guest speaker: Professional golfer Bruce Lietzke
Where: Northwood Club, Dallas
More information: 214.820.2699 or
Andrea.Steiger@BaylorHealth.edu



Celebrating Women
Benefiting the fight against breast cancer
Thursday, October 21

Guest speakers:
“L.A. Law’s” Jill Eikenberry and Michael Tucker
Where: Hilton Anatole, Dallas
More information: 214.820.2229 or
Jacqueline.Hill@BaylorHealth.edu

Thompsons’ \$1 million gift will establish
diagnostic liver laboratory at Baylor

THE JIM AND ANGELA THOMPSON FOUNDATION has made a generous gift of \$1 million that will create a diagnostic liver laboratory and a hepatology chair at Baylor University Medical Center at Dallas. Baylor Dallas hopes this project will lead to earlier diagnosis of liver conditions and more accurate treatments.

This is a transformative gift for the hepatology program at Baylor Dallas. Planned for a January 2011 opening, the lab will contain the equipment to perform a variety of tests that will document and monitor the function and capacity of patients’ livers – all in one location. This lab could represent an important enhancement of liver disease management that would be unique in the United States.

“Angela and I are pleased to contribute to an effort that has the potential to more precisely measure the impact of treatment decisions made by liver patients and their physicians. Baylor’s leading position in solid organ transplants, the vision of **Jim Trotter, M.D.**, for this clinic along with the longtime leadership of **Göran**



Angela and Jim Thompson

Klintmalm, M.D., Ph.D., were the inspiration for this gift,” **Jim Thompson** said.

Jim is president and chief executive officer of ORIX USA, a financial services company headquartered in Dallas. Angela is president of the Jim and Angela Thompson Foundation.

The Thompsons’ gift began to evolve when Jim told Dr. Trotter, the medical director of liver transplantation at Baylor Dallas, of his interest in raising the bar in liver diagnostics. Dr. Trotter, who had long desired to create this kind of facility for his patients, explained his vision to Jim and asked

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Spangenbergs’ gift for NICU helps deliver healthy, happy babies

WHILE VISITING THE BLANCHE SWANZY LANGE NEONATAL INTENSIVE CARE UNIT at Baylor University Medical Center at Dallas, **Erich and Audrey Spangenberg** saw some of the hospital’s most vulnerable patients. In incubator after incubator, premature newborn babies were struggling for every breath and clinging to life.

The Spangenbergs were moved by this experience and felt they had to get involved.

The Spangenberg Family Foundation for the Benefit of Children’s Education and Healthcare supports charitable efforts in education and medical research. They used the foundation to contribute \$500,000 to Baylor Health Care System Foundation to create a fund that will benefit the NICU.



Christian Spangenberg, Erich Spangenberg, Audrey Spangenberg holding Jillian O’Brien, and Delaney O’Brien

A plaque recognizing the Spangenbergs’ gift will read: “In appreciation for the generosity of **Christian Spangenberg** and the Spangenberg Family Foundation.”

Christian, Erich and Audrey’s son, attends a boarding school with an ultimate goal of going to law school. After a recent visit to the Riggs Emergency Department at Baylor Dallas, he is rethinking that plan and considering studying medicine.

“You are really making a difference in these precious lives,” Audrey said, explaining the inspiration for their support, which will impact the health and well-being of thousands of children for decades to come.

For more information about supporting the NICU, contact Roxann Garcia at 214.820.8196 or Roxann.Garcia@BaylorHealth.edu. .

SEE PAGE 2 FOR THE STORY OF
A FAMILY HELPED BY THE NICU

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In memoriam: Ernie Wayne was passionate about family, service

ERNESTINE “ERDIE” WAYNE had a strong belief that service to others was the highest calling imaginable in life. She frequently put that belief into action.

Ernie passed away at her home on July 1 at age 87, surrounded by family and caregivers.

A member of the Baylor Health Care System Foundation Board of Directors for 15 years, Ernie’s gifts and involvement helped turn her ideas about what was needed by Baylor Health Care System’s patients into reality.

“My mother had three great loves: my father, **Brad**; her children, grandchildren and great-grandchildren; and Baylor, which was never an institution, but more an extension of her family,” said her son, **Jon Wayne**.

David Stern, rabbi at Temple Emanu-El in Dallas, said: “Ernie understood that

a patient is a whole person, affected but not defined by physical illness, and in project after project, she worked and led the way philanthropically to make sure that those whole persons felt cared for.”

She was also always there for her family, ready to give advice to her children, grandchildren and great-grandchildren – or just to listen.

Grandson **Braden Wayne** noted her abundant style:

“She was the epitome of elegance, and everything that goes with it,” he said. “Grace, beauty and sophistication.”

Ernie was preceded in death by Brad, and she is survived by her daughter, **Sue Wayne Strauss**, and her husband, **Ted**; daughter **Marcy Grace**, and son Jon and his wife, **Devon**, as well as seven grandchildren and eight great-grandchildren.



Ernestine “Ernie” Wayne

Filling a need

Wherever **Ernie Wayne** and the **Wayne family** have seen a need, they have asked how it can be fulfilled. Their thoughtful influence is felt today in several areas at Baylor:

- **Caring Hearts® volunteer program:** Founded by Ernie, the program recruits people who have had cardiac events to visit patients before and after a procedure, offering empathy and support.
- **Ernie’s Appearance Center:** One of the nation’s first cancer boutiques, Ernie’s makes sure cancer patients get information and tools to address needs related to a positive self-image.
- **Bradley Wayne Interfaith Garden of Prayer at the Baylor Charles A. Sammons Cancer Center:** The legacy of **Brad Wayne** lives on in a place where cancer patients and their families come to pray, reflect or simply gather their thoughts.
- **Palliative care program:** A gift funded a clinical team focused on the relief of suffering for patients with advanced, life-limiting illnesses. The Waynes’ advocacy has helped develop the program.
- **Riggs Emergency Department:** A blue flame sculpture atop the entrance was commissioned by **Jon Wayne** in honor of his mother. It symbolizes the care at Baylor and is a tribute to its employees.

Thompsons’ support to create liver lab

Continued from p. 1

Baylor Health Care System Foundation president Rowland K. Robinson to speak with the Thompsons.

The Foundation and Dr. Trotter provided them with a plan for the lab. The Thompsons then committed to providing the funding, and the lab Dr. Trotter had dreamed of was on its way to becoming a reality.

The Foundation often works with physicians and grateful patients to fund important clinical initiatives.

Current methods of assessing liver function are often circuitous and inaccurate. A test or panel of tests to provide a reliable assessment of hepatic function over time is the goal. Hopefully, these tests will enable physicians to identify liver damage earlier, assess response to medical therapy and provide a more accurate prognosis.

The Jim and Angela Thompson Diagnostic Liver Laboratory will offer greater diagnostic capabilities that can lead to more comprehensive, pre-emptive and accurate treatment. The lab will bring together a number of diagnostic methods and give hepatologists the ability to study the role and effectiveness of these tests.

*“Baylor’s leading position in solid organ transplants, the vision of **Jim Trotter, M.D.**, for this clinic along with the longtime leadership of **Göran Klintmalm, M.D., Ph.D.**, were the inspiration for this gift.”*
— **JIM THOMPSON**

The addition of the lab and this equipment is also expected to open the doors to new research opportunities. Data on patient outcomes will be recorded and used to identify trends and measure the effectiveness of treatment.

The Jim and Angela Thompson Chair in Hepatology will provide the means necessary for the liver program to continually evolve as a leader in comprehensive hepatology medicine, research and practice.

O’Briens receive compassionate care in NICU

DELANEY O’BRIEN and her husband, **Kevin**, were ecstatic when they learned that Delaney was pregnant with twin girls.

But then came bad news. Twenty weeks into the pregnancy, doctors on the medical staff at Baylor University Medical Center at Dallas discovered a tumor on Delaney’s ovary.

Surgery to remove it was successful, but three days later, Delaney’s water broke at 21 weeks of gestation. She was admitted to the antepartum unit, where she hoped to stay as long as possible to give her unborn babies a chance to develop enough to survive.

At 29 weeks, the babies forced the issue.

Delaney gave birth to two girls, **Allison** and **Jillian**. Sadly, Allison’s lungs had not fully developed, and she passed away within 24 hours.

Jillian, weighing 2 pounds, 11 ounces, still had a tough road ahead of her. She spent the next seven weeks in the Blanche Swanzy Lange NICU, including the first two weeks on a full ventilator. Now at home, she is a happy, healthy 7-month-old.

“Baylor saved Jillian’s life,” Delaney said. “It really would have been a different story if not for the people here. We are so grateful.”

The Lange NICU is a Level III facility. It cares for 750 infants every year, about half of whom are very pre-term, low-birth weight and/or seriously ill. Because these infants may stay in the NICU for weeks or even months, what is done during that time can have a profound impact. A NICU baby’s brain and nervous system develop rapidly during the extended period of incubator care.

Baylor looks to expand patient navigation program

CYNTHIA ROBINSON-HAWKINS, R.N., keeps several cards on her desk. The handwritten messages from patients and their family members are touching:

“You made things so much easier for us.”

“You are an angel.”

“Thank you.”

As manager of the oncology patient navigation program at the Baylor Charles A. Sammons Cancer Center, she and her staff help people diagnosed with cancer through the labyrinth that treatment and recovery can create.

Cynthia, with data coordinator **Diana Conde** and fellow navigators **Judy Quan, R.N.**, and **Charlotte Farris, R.N.**, guided 1,002 patients during fiscal year 2010. They help provide timely diagnosis and treatment by helping schedule appointments, providing information about cancer, patients’ treatment plans and the many services Baylor offers, as well as simply being there to answer any questions a patient may have.

Cynthia became head of the program when it

began in 2008. Though the program was new, cancer was an area in which she had experience, and she understood the need.

“I was diagnosed with breast cancer in 1989,” she said. “I was working in labor and delivery, and I didn’t know anything about cancer. I had surgery, and then the techs came with a stretcher to take me to get a bone scan. I said, ‘you’ve got the wrong person.’ Nobody told me I would need a bone scan.”

As the Baylor Sammons Cancer Center prepares to move into the new outpatient building, it also seeks to expand the service from three navigators to 10 or 12. That goal can be reached more rapidly through philanthropy.

The program needs to add nurses and other health care professionals. It costs \$1.5 million to endow one navigator and \$75,000 per year to employ a nurse practitioner.

For more information, contact Ellen Dearman at 214.820.7877 or Ellen.Dearman@BaylorHealth.edu.



Cynthia Robinson-Hawkins

2010 CELEBRATING WOMEN

CIRCLE OF CARE AWARDEES
PEGGY AND DR. LEONARD RIGGS JR.HONORARY CHAIRS
PEGGY AND CARL SEWELLCIRCLE OF CARE AWARDEE
THE DISCOVERY FOUNDATION

FROM 2006 TO 2010, if you thought of Baylor Health Care System Foundation, you thought of **Leonard Riggs Jr., M.D.** As chairman of the Foundation board, Dr. Riggs was heavily involved in the progress Baylor Health Care System and the Foundation made during those years.



Peggy and Dr. Leonard Riggs

“Working alongside Leonard and his wife, **Peggy**, I’ve been amazed at their dedication and devotion to health care – and to Baylor,” said Rowland K. Robinson, president of the Foundation. “We are pleased to note their contributions with the *Circle of Care Award*.”

The Riggs Emergency Department at Baylor University Medical Center at Dallas underwent a \$53 million renovation and expansion in 2007. Leonard and Peggy gave \$1 million to support this effort.

During Dr. Riggs’ tenure as chairman, the Foundation raised more than \$108 million for Baylor Health Care System initiatives.

Peggy serves on the advisory board for *Celebrating Women*, and she has worked with many philanthropic organizations, including North Dallas Shared Ministries. She is also on the president’s advisory council for The Dallas Center for the Performing Arts and the advisory board of New Friends New Life.

Dr. Riggs began his career in emergency medicine at Baylor Dallas in 1972 and eventually became chief of emergency medicine. In 1980, he formed EmCare, a company specializing in managing emergency departments for hospitals.

“I’ve been involved with Baylor for more than 40 years, and I realize what a great asset it is for the citizens of Dallas and those from elsewhere,” Dr. Riggs said. “We are blessed to have a system with the capabilities and facilities Baylor has.”

BAYLOR HEALTH CARE SYSTEM FOUNDATION is pleased to have **Peggy and Carl Sewell** serve as honorary chairmen for the 2010 *Celebrating Women* luncheon.



Peggy and Carl Sewell

The Sewells have been tremendous advocates for the Foundation and have made significant gifts for the renovation and expansion of the Riggs Emergency Department, *Celebrating Women* and other initiatives.

Carl is chairman of Sewell Automotive Companies and author of “Customers for Life,” a best-selling book that sets forth his successful business philosophy.

He has been the chairman of the National Lexus Dealer Advisory Council and the Cadillac National Dealer Council, and he served as chairman of the SMU board of trustees. Carl is past president of the board of trustees of St. Mark’s School of Texas, on the board of the State Fair of Texas and has been chair of Goals for Dallas, a board member of the Dallas Chamber of Commerce and the Dallas Citizens Council.

Peggy is one of Dallas’ leading civic volunteers and philanthropists. She has served on the Foundation’s board since 2003, has chaired its annual giving campaign and has been on the *Celebrating Women* advisory committee for several years.

Peggy is a member of the Junior League of Dallas and the Crystal Charity Ball committee, for which she chaired the fashion show and luncheon. A trustee of the Dallas Museum of Art, she was chairman of the Art Ball, and she is on the board of The Salvation Army. Peggy has also chaired the Cattle Baron’s Ball, the Sweetheart Ball, The Leukemia & Lymphoma Society’s Leukemia Luncheon and the TACA Silver Cup Awards.



Betty and Clint Josey



Dr. David Winter

THE DISCOVERY FOUNDATION has made numerous gifts in support of *Celebrating Women* and other women’s initiatives that have improved the health and quality of life of patients at Baylor Health Care System.

“The Discovery Foundation has been generous in its support of Baylor, and we truly appreciate its care and concern for the patients we serve,” said Rowland K. Robinson, president of Baylor Health Care System Foundation. “It is in recognition of these contributions to Baylor and the community that we are proud to honor the Discovery Foundation with the *Circle of Care Award*. We are especially grateful to **Clint and Betty Josey** and **David Winter, M.D.**, without whom these gifts would not have been possible.”

Clint is the chairman of The Discovery Foundation, and Dr. Winter serves as its president.

In 2008, The Discovery Foundation gave funds to *Celebrating Women* to provide new technology in the Darlene G. Cass Women’s Imaging Center at Baylor University Medical Center at Dallas.

In 2009, it contributed a gift for the women’s psycho-oncology program, which is developing a comprehensive care program to meet the emotional needs of women diagnosed with cancer.

The same year, the foundation donated resources for the Mommie and Me assistance fund that helps low-income women whose babies are being treated in the Blanche Swanzy Lange Neonatal Intensive Care Unit at Baylor Dallas.

The foundation was established in 1996 by **Roger Dixon**, a Dallas oilman and rancher.

Eikenberry, Tucker have distinctive breast cancer story to tell

JILL EIKENBERRY AND MICHAEL TUCKER have a unique perspective on breast cancer. Married since 1973, the actors are best known as stars of the long-running television show “L.A. Law.” They are the featured speakers at the 2010 *Celebrating Women* luncheon. They will talk about their experience with breast cancer as a married couple and how it impacted their relationship.

Jill’s breast cancer crisis began in 1986, just before she moved to Los Angeles to begin shooting the show. While driving, she casually reached up and felt her breast. There was a lump, and her doctor confirmed

breast cancer. She’d never before had a mammogram.



Jill Eikenberry and Michael Tucker

“I was not informed,” she said, “and I was terrified and didn’t know what to do.”

The doctor advised her to have a mastectomy.

“That’s what he did the most frequently, so I said, ‘OK, take it off – whatever you have to do.’ I simply did not know anybody who had survived breast cancer. I also didn’t have the courage to ask the right questions.”

Although she had intended to keep her diagnosis a secret, she told a friend whose mother had fought, and won, her own battle with the disease years earlier without a mastectomy. Jill sought a

second opinion. Lumpectomy and radiation therapies were recommended, and her breast was saved.

In 1989, Jill co-produced and hosted an NBC documentary, “Destined to Live.” The program featured interviews with cancer survivors, including **First Lady Nancy Reagan**.

“We made the documentary to show women with breast cancer that they are not alone,” Jill said.

Jill and Michael’s efforts have been extensively recognized with awards and commendations. Jill has discovered that by sharing her experiences and being a proponent of constantly improving health, life can be vibrant and full of self-discovery.

“I’ve never felt better in my life than now,” she said. “I have enormous vitality and joy, every day.”

Foundation remembers Bill Aston

A SELF-MADE EXECUTIVE, W.W. “BILL” ASTON was passionate about making sure patients at Baylor received quality care. He passed away July 8 at the age of 82 at his Dallas home.

Bill served as chairman of the board for Baylor University Medical Center at Dallas and Baylor Jack and Jane Heart and Vascular Hospital and was a member of the Baylor Health Care System board. He wrote a resolution calling for ever-improving delivery of quality, safe patient care which was adopted by all Baylor facilities.

“He will be remembered for his commitment to quality,” said Joel Allison, president and chief executive officer of Baylor Health Care System. “He wanted nothing but the best. He always wanted excellence, and he constantly reminded us it’s about putting the patient first.”

Baylor recently established a quality award with the Texas Hospital Association to honor Bill’s legacy. The first **Bill Aston Award for Quality** will be given next year.

“He was just a wonderful, wonderful individual,” Allison said. “He was a great humanitarian.”

Bill worked his way through college at Dallas Power & Light Co., now TXU, where he advanced

from chopping grass from around utility poles to president and chief executive officer.

He also was known for his volunteer work. In addition to his dedication to Baylor, his causes ranged from being a director for the Camp Fire Girls to serving more than 15 years as a driver for the McKinney Avenue trolley.

His honors included the American Heart Association’s Dwight D. Eisenhower Award for being the Texas volunteer of the year in 1979 and a brotherhood citation from the National Conference of Christians and Jews. At one time, he was named trustee of the year by the Dallas County Medical Society.

Bill also loved adventure.

After retiring from TXU, he became a certified scuba diver and worked on shark and manatee research projects. He went on extended boat journeys, including a 6,000-mile round trip with **Howard McClure, M.D.**, from Alabama up the Eastern Seaboard, through the Great Lakes and down the Mississippi and other rivers. He also traveled on ocean-going freighters to Europe and container ships to South America.

Bill is survived by his wife, **Evelyn**; his two daughters, **Adonica Aston** and **Melanie Schumaker**; a brother, **James Aston**; and two grandchildren.



Bill Aston

Baylor ranked among ‘America’s Best’

BAYLOR UNIVERSITY MEDICAL CENTER AT DALLAS and Baylor Institute for Rehabilitation (BIR) are two of 152 hospitals nationally to be ranked in the *U.S. News & World Report* 20th annual “America’s Best Hospitals” issue. Baylor Dallas is the only North Texas hospital to earn this distinction for 18 consecutive years.

“Standing out on the national stage is an impressive achievement, and I congratulate everyone who is directly involved in these recognized services,” said **John McWhorter**, president of Baylor Dallas.

Baylor Dallas ranked among the nation’s top 50 hospitals in three of 16 specialties: kidney disease, gastroenterology and urology.

The rankings in 12 of the 16 specialties were driven by data such as mortality rates, procedure volume, and ratio of nurses to patients.

BIR ranked 18th among the nation’s top rehabilitation facilities, marking the 14th year that it has been recognized in the issue.

To read more about the rankings, log on to health.usnews.com/best-hospitals/rankings.



Foundation celebrates Lindalyn Adams’ 80th birthday

BAYLOR HEALTH CARE SYSTEM FOUNDATION commemorated not just a milestone birthday but also decades of caring for the Dallas community at a birthday celebration for **Lindalyn Adams** on June 30 in Fearing’s Restaurant at the Ritz-Carlton. More than 200 friends and family members attended the brunch to honor Lindalyn. She turned 80 on the Fourth of July.

Lindalyn was recognized for both her service to the Foundation and to the city of Dallas. Over the years, Lindalyn has become known as the “historical caretaker of Dallas” for her numerous efforts in the preservation of its history. Most recently, she has been integral to the success of the **Celebrating Women** campaign, which has raised more than \$11 million for the fight against breast cancer.



Billie Leigh Rippey, Lindalyn Adams and Caroline Rose Hunt



Tucean Webb, Joyce Mitchell, Debbie Snell and Effie McCullough



Dee Collins Torbert, Lindalyn Adams and Calvert Collins



Joel Allison and Dr. Ron Jones



Lydia Novakov and Becky Bright



Ruth Altshuler and Linda Custard



MacKenzie Adams Carpenter, Charlie Adams, Lindalyn Adams, Carlton Adams and Chase Adams



Rowland K. Robinson and Lindalyn Adams

Baylor employees open hearts, checkbooks to the tune of record-breaking \$1.36 million

"The incredible support among the staff shows how much people inside Baylor Health Care System see – and believe in – the good things we are doing."

– ROWLAND K. ROBINSON, PRESIDENT
BAYLOR HEALTH CARE SYSTEM FOUNDATION

BAYLOR HEALTH CARE SYSTEM EMPLOYEES have outdone themselves. A year after setting a record of \$1.1 million for contributions to the Employee Giving Campaign in 2009, Baylor Health Care System Foundation staff raised the bar in 2010. More than 7,200 employees of Baylor facilities at Dallas, Carrollton, Garland, Grapevine, Plano and Waxahachie contributed \$1,363,381 to the 2010 campaign, establishing a new record.

"These generous contributions show that our employees truly live by Baylor's value of servant-hood," said Joel Allison, chief executive officer and president of Baylor Health Care System. "These gifts to Baylor Health Care System Foundation will make a big impact at each Baylor facility."

Overall participation also reached a new high, with more than 42 percent of employees contributing to the campaign, up from 37 percent last year.

Among the many projects supported by the Employee Giving Campaign has been the emergency department renovation at Baylor Medical Center at Garland. Employees contributed more than \$47,000 in 2008 to a general fund that included the ED expansion and nearly \$25,000 to a dedicated ED

expansion fund last year.

At Baylor University Medical Center at Dallas, this year's campaign supported several areas of focus, including:

- The Diabetes Health and Wellness Institute at Juanita J. Craft Recreation Center: Funds are helping provide community-based programs, diabetes education and management, and diabetes screening supplies.
- The Blanche Swanzy Lange NICU: Support helps provide developmental care, giving NICU babies an environment that promotes normal development and healing.
- Graduate medical education: As a major teaching hospital in the Southwest, Baylor sponsors 32 programs and shares sponsorship for five other programs.

"It's very rewarding to see the way employees at Baylor support our mission beyond doing a great job every day," said Foundation manager Jennifer Massey, who headed the campaign. "We look forward to continuing to have successful employee-led campaigns in the years to come."

For more information, contact the Foundation at 214.820.3136 or Foundation@BaylorHealth.edu.

The Baylor Circle of Care
Employee Giving

2010

FOCUS ON RESEARCH

Even moderate exercise benefits cancer patients

ALTHOUGH CANCER TREATMENT affects everyone differently, most patients do not feel up to exercising. However, even limited amounts of movement can help a patient recover both mentally and physically, physicians say.

"Studies have shown a clear correlation between exercise and an improved quality of life," said **Amy Wilson, M.D.**, chief of physical medicine and rehabilitation at Baylor University Medical Center at Dallas and medical director at Baylor Institute for Rehabilitation (BIR). "It can improve a patient's energy level and reduce fatigue and depression."

Researchers are investigating how exercise helps a patient's immune system.

"Research is looking for more concrete evidence as to exactly why it is so beneficial," she said. "We are trying to determine whether it somehow improves the regulation of the immune system or whether there is another mechanism that exercise helps on a molecular level."

Dr. Wilson emphasizes that exercise for a person recovering from cancer doesn't mean an hour at the gym.

"It should be what the patient can do – brief walking, riding a stationary bike or lifting

light weights. The important thing is moving," she said.

Once the Sammons Cancer Center's new outpatient building opens in March 2011, cancer patients will have a new on-campus option for their exercise needs: the **Hank Dickerson Gymnasium**, which will be on the second floor.

The nearly \$300,000 that made the facility possible was raised by friends and business associates of **Hank**, a leader in commercial real estate who died of melanoma in 1996.

A gym like this is important because cancer patients often find commercial gyms embarrassing and intimidating. The shared experiences of patients and their families will create camaraderie at the Dickerson Gym that is not possible in a commercial gym or in home-based rehab.

The gym will become the new home of FitSTEPS for Life®, a free, individualized exercise program for cancer patients which is operated in conjunction with the Cancer Foundation for Life. A certified personal trainer performs an initial assessment and designs a personalized plan based upon specific needs and health status. Progress is tracked, and plans may progress as strength increases.

For more information, contact Ellen Dearman at 214.820.7877 or Ellen.Dearman@BaylorHealth.edu.



From the President

CHALLENGES, PROGRESS, FRIENDS AND TRANSITIONS

Our fiscal year that ended June 30th was a whirlwind of activity and progress. We ended the year with the second-highest total of contributions in our history. Our progress was achieved while navigating the confluence of two sectors undergoing profound change: health care and philanthropy.

Our donors continue to respond to the needs of our patients. Private contributions serve an important role in helping our system sustain and grow its outstanding medical, education and research programs.

Additionally, I believe this year's success is tribute to the quality of our team and its hard work. Its members are closely aligned with the mission, values and goals of our system. This alignment allowed us to move in the right direction. I am both blessed and impressed with the individuals with whom I am able to work and with their sense of community.

I would like to publicly thank them for their commitment, passion, creativity and grit.

Despite all the hard work, we were able to occasionally pause and celebrate. The Foundation honored our **Lindalyn Adams'** 80th with a birthday celebration. It was attended by dozens of her lifelong friends.

We also paused to reflect on some special friends. **Bill Aston** and **Ernestine "Ernie" Wayne** passed away this year.

Bill was an extraordinary individual committed to our mission. He was a leader in our quest for transparency, safety and quality in patient care. His leadership and friendly demeanor will be sorely missed.

Ernie was a force of nature; she touched many lives with her beauty and passion. She was a classy, generous, thoughtful leader who made a difference. We will all miss her commitment to making life better for others.

"What we have done for ourselves dies with us; what we have done for others and the world remains and is immortal." The legacy created by these individuals speaks volumes about their genuine concern for their fellow man.

As we begin a new year, I am optimistic that the best is yet to come. I am excited about the leadership represented by our new board members and incoming board chair, **Erle Nye**. Additionally, I will be eternally grateful for all that **Dr. Leonard Riggs** helped us achieve.

Patients' needs drive our relentless pursuit of progress. I am most grateful for your generosity and the confidence in Baylor that it represents.

Rowland K. Robinson
President

Baylor Health Care System Foundation
Robinson@BaylorHealth.edu

ON THE BOARD

JO ANN STEWART

JO ANN STEWART has been a member of the board of Baylor Health Care System Foundation since 2003. A native of Durant, Oklahoma, she came to Dallas after graduating from Southeastern State University and worked for Texas Instruments. She first came to Baylor to give birth to her first daughter, and she was married to the late **Robert Stewart III**, who insisted that for their relationship to go forward, “his dog had to like me, and I had to promise to take him to Baylor if anything happened to him.” She has become involved in the Foundation’s nursing advocacy group that builds support for nursing scholarships for Baylor Health Care System employees.



Jo Ann Stewart

What is a special story about an experience with Baylor?

The year my husband died, my youngest daughter was diagnosed with metastatic breast cancer. Because her children were 3 and 5, she wanted to stay in Dallas for her treatment. **Joyce O’Shaughnessy, M.D.**, was leaving on a family vacation the next day and agreed to see **Julie** at the end of her day. The rest is history – two rounds of chemo, radiation, a double mastectomy, a lot of prayer, and she is cancer-free.

What is one of your favorite connections to the Foundation?

Ellen Dearman works for the Foundation, and we have worked very closely on the nursing advocacy initiative. As a result, she has become a special friend of mine away from Baylor.

Describe your family.

My family is small, consisting of two daughters, two grandsons and my son-in-law. We are very independent, but supportive of the family unit. When we do get together, we have a lot of fun.

What is the most influential book you’ve read?

The Bible became the most influential book I have ever read after many Bible study classes.

What are your goals in life?

- Become totally organized in every aspect of my life.
- Be there when my family and close friends have emergencies or needs of any kind.
- Live every day and have fun.
- Give back to my community by doing volunteer work.

The best day I ever had was ... when my girls and grandsons were born.

What lesson did you have to learn the hard way?

You cannot take literally what people say.

What inspires you?

A dynamic speaker, a beautiful sunset, beautiful scenery, music

Diabetes center may change the way disease is treated



The Diabetes Health and Wellness Institute at the Juanita J. Craft Recreation Center

IN JUNE, Baylor Health Care System opened the Diabetes Health and Wellness Institute, a facility that may influence the way diabetes is treated and prevented nationwide.

The institute, at the Juanita J. Craft Recreation Center in the Frazier neighborhood of South Dallas, will bring treatment and prevention where it is needed most. Residents of its ZIP code are three times more likely to die from diabetes than those in Dallas as a whole. Many cannot afford transportation to doctors’ offices and hospitals outside the neighborhood, healthy food options or access to exercise classes and equipment.

Diabetes costs the state \$12.4 billion a year, according to the Texas Department of State Health Services.

Staffed by physicians, nurses, care coordinators and diabetes education specialists, the institute offers simple yet innovative approaches to combating the disease, including:

- A weekly farmers market selling fresh produce at discounted prices
- Cooking, exercise and wellness classes
- Affordable medications and other medical supplies

“Health care organizations need to expand their role in the communities they serve, and this initiative is one example,” said Joel Allison, president and chief executive officer of Baylor Health Care System. “This new model of care represents the future. We are putting greater emphasis on prevention and wellness.”

The institute is the result of a unique joint effort between Baylor and the City of Dallas that has allowed Baylor to invest \$15 million in transforming an established city recreation center.

This unique approach has gained national attention.

The institute was the brainchild of **Albert Black**, chairman of the Baylor Health Care System Board of Trustees, who lived in the Frazier neighborhood until the age of 14.

“It will be exciting over the coming years to watch and see what this institute does for the health of the area,” Allison said. “It is humbling to think that if successful, this initiative could change the way we as a country approach chronic disease.”

For more information, contact Roxann Garcia at 214.820.8196 or Roxann.Garcia@BaylorHealth.edu. Learn more about the institute at www.dhwdallas.com.

To learn more about any Baylor Health Care System Foundation initiative, contact the Foundation at 214.820.3136 or e-mail thetorch@BaylorHealth.edu. Write to us at 3600 Gaston Avenue, Barnett Tower Suite 100, Dallas, TX 75246-1800.

Foundation welcomes new chairman, 17 board members

BAYLOR HEALTH CARE SYSTEM FOUNDATION has added 18 members to its board of directors, including a distinguished new chairman.

TXU Corporation Chairman Emeritus **Erle Nye** replaced **Leonard Riggs Jr., M.D.**, as chairman of the Foundation board, effective July 1. Dr. Riggs has served as chairman for the last four years and will continue to serve actively on the board.

“We are honored to have the privilege of establishing associations with such a fine group of community leaders,” said Foundation president Rowland K. Robinson. “And anyone who knows Erle Nye knows how well he is respected in the Dallas area. We look forward to working with all these extraordinary people.”

In addition to his extensive experience in the corporate world – he was a leader at TXU for

more than 20 years – Nye has been involved in education, serving on the executive boards of the SMU Cox School of Business and its school of law. He served 12 years on the Texas A&M University System Board of Regents, and he has been chair of the University of Texas Investment Management Company (UTIMCO).

“This is a group that we’re proud to have joining the board,” nominating committee chairman **John D. Harkey Jr.** said. “These are some of the most exceptional people this area has to offer, and Baylor Health Care System and the Foundation will benefit tremendously from being aligned with them and their considerable talents.”

Board members assist the Foundation in support of Baylor Health Care System’s mission to serve all people through exemplary health care, education, research and community service.

New board members

- **Stephen W. Butt**, senior vice president, Central Market/H-E-B
- **Katherine R. Crow**, board member, Crow Holdings
- **Kenneth A. Hersh**, chief executive officer, NGP Energy Capital Management
- **J. Hale Hoak**, president, Hoak and Company
- **Robert A. Innamorati**, president, AVATAR Investments LP
- **Karen F. Key**, self-employed; community volunteer
- **Alicia W. Landry**, community volunteer
- **H. Ward Lay**, chairman and chief executive officer, Andeluna Cellars Winery
- **Steven A. Lieberman**, chief executive officer, The Retail Connection

- **Gregg A. Lowe**, senior vice president, analog division, Texas Instruments
- **Michael F. McGehee**, chief executive officer, WillMac Companies LLC
- **Ann H. McReynolds**, community volunteer
- **J. Ken Newman**, retired chairman and chief executive officer, Horizon Health Corporation
- **Erle A. Nye**, chairman emeritus, TXU Corporation; president, EN Consulting Inc.
- **Carolyn B. Peck**, Chi Omega representative (ex-officio)
- **Elizabeth W. Porterfield**, Junior League representative (ex-officio)
- **Lisa C. Troutt**, community volunteer
- **Ray W. Washburne**, chief executive officer and president, Charter Holdings

PHYSICIAN PROFILE

CHARLIE RICHARDSON, M.D.

CHARLIE RICHARDSON, M.D., has treated thousands of patients and played a part in the education of numerous other physicians as a gastroenterologist on the medical staff at Baylor University Medical Center at Dallas since 1989. He previously served in several academic and administrative roles at the Dallas Veterans Administration Hospital and The University of Texas Southwestern Medical School.

Dr. Richardson credits his coming to Baylor largely to the influence of his mentor and friend, **John Fordtran, M.D.**

"I met Dr. Fordtran when I was in medical school at UT Southwestern. He's been my mentor since 1969. I was a gastrointestinal fellow, and he was the chief of gastroenterology there," Dr. Richardson said. "When Dr. Fordtran became chief of internal medicine at Baylor, he continued to be my friend and mentor. I always thought Baylor was a great institution, and in 1989, I made the decision to move to Baylor."

Dr. Richardson, who had a long academic career before going into private practice, has long relished the educational aspect of medicine. As such, he's a natural fit to run the gastrointestinal site tumor conference for physicians at which they discuss difficult and unique cases.

"They are very educational," he said. "They're one of the things that stimulates me intellectually. The mix of physicians, fellows and residents there really makes them special. It's a good teaching tool for me, and I hope it's good for the others, too."

Gregory Hodges, M.D., a gastroenterologist on the medical staff at Baylor Dallas who met Dr. Richardson while taking classes from him as a medical school student, said he has enjoyed working with him since 1996 as a partner in their practice.

"He is an absolute prince of a man," Dr. Hodges said. "He is not only a leading authority and expert in his field, but he is extremely compassionate and

well-loved by his patients and other physicians."

One of Dr. Richardson's neighbors says he is so devoted to his work, he's rarely seen around the neighborhood.

"Just from the hours he spends at the hospital, he's got to be one of most dedicated doctors I've ever known," said **Wayne Tenney**, who has lived across the street for 30 years.

That dedication carries over to his care for patients, Wayne said.

"Whether it's a patient or a friend of his who is in the hospital under another

doctor's care, Charlie makes you feel like you're his No. 1 priority. It's about you as a person; it's never about Charlie. That's just the way he is."

Dr. Richardson and his wife, **Twila**, have been married for 40 years, and they have two daughters. **Emily** and her husband, **Jeff**, live in Oklahoma City with their two little girls. **Lucy** and her husband, **Michael**, live in Dallas with their two sons.

"I don't get to see the girls as much as I do the boys, but I'm dedicated to all of them," Dr. Richardson said.

When he's not at the hospital or visiting with the grandchildren, Dr. Richardson enjoys running.

"That's when I do my thinking," he said. "I don't get to run as much as I'd like to – only about twice a week or so."

Dr. Richardson, who grew up in Longview, said he got his first taste of leadership while on the job at a YMCA summer day camp when he was in college and medical school.

"That taught me a lot, as another guy and I were running a camp with about 100 boys in it almost on our own," he said.

While working at the camp, his duties included driving the bus, which he says might be a suitable second career once he's finished with medicine.

"I tell my wife that when I retire, I'm going to drive the shuttle bus at D/FW Airport," he said with a smile. "She thinks I'm kidding."



Dr. Charlie Richardson



From the Chairman

As a child, I remember my grandfather saying, "You are known by the company you keep." Over the years, I have come to appreciate the significance of that counsel.

Accordingly, when I was asked to serve as chairman of the board of Baylor Health Care System Foundation, I felt several emotions, the most prominent of which was gratification for the opportunity to be associated with such a profoundly positive, highly respected institution. For more than 100 years, the Baylor Health Care System and its predecessor organizations have developed a reputation of excellence in the delivery of health care through a faith-based organization of capable, caring, compassionate people.

Baylor is blessed to be served by more than 20,000 talented physicians, medical staff members, researchers and employees. The executive leadership of the System is exemplary and among the very best in the field. The boards of the System and the Foundation are composed of outstanding leaders dedicated to the welfare of others. What better company could I keep? Now it is my responsibility to warrant the trust that has been placed in me.

The Foundation performs such an important role in the ongoing success of the System. In October, we will all have an opportunity to support an effort to conquer cancer through the **Celebrating Women** luncheon.

This annual event has become a significant tool in the fight against breast cancer, raising more than \$11 million since its inception, and making a difference in the lives of hundreds of women diagnosed with breast cancer by funding technology, research and community outreach. This year, we will be blessed to hear from featured speakers **Jill Eikenberry** and **Michael Tucker**, who are best known for their roles in the hit drama "L.A. Law." The married couple will explain how Jill's struggles with breast cancer impacted their relationship.

In cancer and medicine's many other disciplines, medical education programs are the cornerstone of developing the physicians who will serve the community for decades to come. The Foundation's **Grand Rounds® Golf Tournament** in October helps raise the funds that make it possible for Baylor to train residents and interns in 37 specialties throughout the System while also allowing supporters to have a fun day with friends on the golf course.

Your interest in and support of the Foundation are greatly appreciated.

Erle Nye

Chair, Board of Directors

Baylor Health Care System Foundation

Gifts help spur progress at Baylor McKinney

PROGRESS IS BEING MADE on construction of the new Baylor Medical Center at McKinney, and donor support is helping drive its momentum.

Bob and Lola Sanford have generously made a \$100,000 gift through the **Sanford Family Trust**. Bob is a longtime member of the Baylor Health Care System Foundation board, and he and Lola have made numerous gifts to Baylor Health Care System over the years. Their gift will name the courtyard of the new hospital.

Bryan and Jan Hall have also honored Baylor with a \$100,000 contribution. They are the owners of Brandon Industries in McKinney, and Jan is actively involved in the project as a member of the hospital's advisory board.

The \$213 million, 332,000-square-foot facility will include a 95-bed, four-story hospital and a medical office complex on 58 acres at Highway 380 and Lake Forest Drive. Construction began in March 2010, and it is scheduled to open in July 2012.

For more information about supporting the new McKinney hospital, contact Jayne Grimes at 214.820.4771 or Jayne.Grimes@BaylorHealth.edu.



A digital rendering of the new Baylor McKinney

BAYLOR HEALTH CARE SYSTEM

BAYLOR MEDICAL CENTER AT MCKINNEY

Baylor Medical Center at McKinney will provide:

- Obstetrics and gynecology
- General surgery
- Cardiovascular care, including cardiac catheterization
- Gastroenterology, including endoscopy services
- Orthopaedics
- Neurology and neurosurgery
- Internal medicine
- Full-service emergency department
- Extensive outpatient services

Lietzke to be featured at Grand Rounds®

LIKE BAYLOR HEALTH CARE SYSTEM, pro golfer **Bruce Lietzke** understands the importance of taking in the big picture.

Baylor endeavors to treat the body, mind and soul in its hospitals. Bruce finds time for his golf career, but it's his family that has always come first.

Bruce will be the guest speaker at the VIP dinner at the 2010 *Grand Rounds® Golf Tournament*, which raises funds for graduate medical education at Baylor University Medical Center at Dallas. The tournament will be October 4th at the Northwood Club in Dallas.

Bruce has won 13 PGA Tour events, including the Byron Nelson Championship at Las Colinas in 1982 and 1988 and the Colonial in Fort Worth in 1980. He has seven Champions Tour wins, highlighted by the 2003 U.S. Senior



Bruce Lietzke

Open, his first major victory.

But it's what he hasn't done that has gotten him the most notice.

Bruce found a swing that worked for him many years ago, and he hasn't had to work on it since. So when he got married and began having children, he was able to make them his main focus, playing fewer tournaments and practicing less frequently.

He said numerous players have told him, "ten years ago, I thought you were crazy. I understand what you've been doing all this time. I understand and admire you for it."

Baylor Health Care System Foundation raised \$930,000 in fiscal year 2010 to support graduate medical education. With donor support, it plans to fund 31 residents and fellows at a cost of more than \$2.1 million in fiscal year 2011. Proceeds from last year's tournament sponsored two colorectal fellows.

For more information, contact Andrea Steiger at 214.820.2699 or Andrea.Steiger@BaylorHealth.edu.

GIFT PLANNING

Arndts establish gift to uphold radiology standard

JERRY ARNDT, M.D., set a standard for excellence while building a quality radiology residency training program at Baylor University Medical Center at Dallas during his 20-year tenure as its director.

A gift annuity he and his wife, **Sheila**, have established through Baylor Health Care System Foundation will help ensure that the program is able to maintain those high standards for years to come.

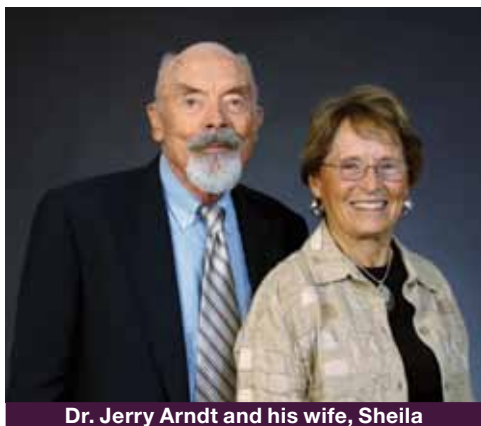
In addition to serving as director of the radiology residency program from 1966 to 1986, Dr. Arndt was a practicing diagnostic radiologist at Baylor for more than 35 years. After he retired in 1996, he continued to teach radiology residents until July 2010.

The American Board of Radiology in 1979 began notifying programs of their residents' percentile ranks on their final written exams. Baylor's program ranked consistently in the top 5 percent

tile in the nation under Dr. Arndt's leadership.

"Twice, we were ranked tops in the nation," Dr. Arndt said.

For his efforts, the Association of Program



Dr. Jerry Arndt and his wife, Sheila

Directors in Radiology honored him with its first Academic Achievement Award in 1997, and the Association of University Radiologists gave him its Gold Medal award in 1999. He was also elected president of the medical staff at Baylor Dallas in 1987.

Over the last 20 years, the foundation of excellence

that Dr. Arndt established has continued under the leadership of **Mark Zibilich, M.D.**, **Ken Ford, M.D.**, and **Umesh Oza, M.D.** The program's residents have consistently scored in the top 10 percent in the nation on written exams, often ranking among the top five programs in the nation. In addition, its residents have been ranked top five nationally on their oral exams, with a co-ranking of No. 1 in the country for several of the last five years.

MEET THE STAFF



Marcus Baker

MARCUS BAKER learned the value of a dollar – and the hard work it takes to earn it – at an early age. "Growing up, my parents would get the basics for you, and if you wanted something more, you would have to take care of it yourself," he said. "I joke that I've worked since the age of 10. I was a stock boy. I mowed lawns. I worked every summer at Scarborough Faire from age 11 to 16."

So it's fitting that Marcus now works in a stewardship role for Baylor Health Care System Foundation. He enjoys telling donors what their hard-earned money is doing for Baylor.

"I find it very rewarding to know how we are improving patient care because of a donor's gift," he said. "Baylor is great because of the financial support of its donors."

During college at Dallas Baptist University, Marcus worked at Mrs. Baird's bakery on Mockingbird Lane. He filled several roles there, but the work that created the fondest memories was giving bakery tours.

"You got to serve the bread coming right out of the oven," he said. "You could never go hungry working in a bakery."

Marcus joined the Foundation in the fall of 2008 after several years as director of sales with Texas Stampede Inc., but it wasn't his family's first association with Baylor.

His grandfather, **L.H. Baker**, spent more than 2,000 hours volunteering in the cardiac rehabilitation unit at Baylor University Medical Center at Dallas after his quadruple bypass.

"He lived for another 18 years after that, and he attributed his ability to bounce back to the physical therapy he got at the Landry Center," Marcus said.

Marcus' family lives in Waxahachie, and he visits about twice a month. He's proud to be a new uncle to **Ty**, who celebrated his first birthday in July.

"Watching him grow up, learn to walk and talk, is great," Marcus said.

Taking stock at year's end ... and giving it

THOUGH IT'S HARD TO BELIEVE, the fourth quarter of 2010 is almost upon us – a time when many of you consider making year-end gifts to charities like Baylor Health Care System Foundation.

Some of you own appreciated stock – stock that has risen in value over time. For example, Mike, a Baylor donor, has a stock account with a well-known brokerage company. One of his stocks has grown from \$15 a share to \$75 a share over the past few years. If he sold the stock, he would owe capital gains tax on the \$60 of appreciation for each share.

If Mike gave the stock to the Foundation, he

would avoid this tax and instead receive an income tax deduction on the full value of the stock. What's more, because the Foundation is a qualified charitable organization, we could sell the stock and avoid any tax on the appreciation – a win for Mike and for Baylor.

Mike is thinking about giving 500 shares of his stock to Baylor. If he makes this gift, he'll obtain a charitable income tax deduction of \$37,500, even though he only paid \$7,500 for these shares originally. If he is in the 35 percent tax bracket and claims the deduction on his itemized tax return, he could save \$13,125 in taxes – more than he paid for the stock in the first place!

Historically, the end of the year is a popular time for making stock gifts. In fact, most stock gifts occur during the fourth quarter of the year. Many donors review their stock portfolios and select those stocks that have appreciated the most which they've held for longer than one year because they can stretch their giving power by giving the appreciation.

If you are considering a year-end gift to Baylor, it may be better for you to give appreciated stock instead of cash. To learn more, talk to your CPA or investment advisor, or contact Cynthia Krause at 214.820.7928 or Cynthia.Krause@BaylorHealth.edu at no obligation.